

PRESS RELEASE

**CHEVAL BLANC RANDHELI'S YOGA MASTER OFFERS
A NEW EXPERIENCE FOR THE 2018 SEASON:
AN AERIAL YOGA CLASS ON THE CHEVAL BLANC SPA ISLAND.**



RANDHELI, MAY 2018

Szilvia Rung, Yoga and Meditation Teacher on the Cheval Blanc Spa Island, has developed a new Aerial Yoga class for this 2018 season, combining Indian discipline and acrobatics.

In a 45-minute group or individual session, guests make figures guided and advised by the expert and supported by long silky sheets like yellow rubans. One metre from the ground, the body moves free from pressure and defies gravity, reversing the gravitational effect. The body feels light and eased of any tension, allowing it to curve and gently become stronger.

While Aerial Yoga offers a greater feeling of fulfilment and serenity than traditional yoga, it above all provides improved flexibility of the body and sustained concentration, as the person finds themselves in an unusual situation, suspended in the air.

Established on the Cheval Blanc Spa Island, the pavilion dedicated to yoga offers a 360-degree view over the ocean and its crystalline waters so characteristic of Maldivian atolls. In this idyllic setting, yogis can reach a state of absolute well-being and a feeling of calm, caressed by a gentle breeze.

Ideal for recharging your batteries, re-energising body and making the most of this stay at Cheval Blanc Randheli.



PRESS CONTACTS

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CHEVAL BLANC RANDHELI

Set in the pristine Noonu Atoll, Cheval Blanc Randheli is an intimate and contemporary haven, a 40-minute seaplane journey north of Malé. The 46-villa Maison has been conceived in harmony with the island's lush vegetation and lagoon views, offering a rare experience of exclusive privacy. Guests are welcomed with the Maison's signature Art de Recevoir, a unique sense of genuine warmth and the refinement of French savoir-faire. Every stay is entirely tailor-made by Cheval Blanc Randheli's passionate Ambassadeurs, captivating every guest's curiosity and designing unforgettable memories. The Maison presents ultimate indulgence with culinary vibrancy in five restaurants and four bars, as well as rejuvenation and relaxation at the Cheval Blanc Spa, on its own private island, featuring exclusive Guerlain rituals. The idyllic surroundings are further celebrated with activities and entertainment by a PADI-certified dive centre, thrilling watersports, Le Carrousel and Le Paddock kids' and teens' clubs and endless bespoke experiences.

Cheval Blanc Randheli | Randheli Island, Noonu Atoll | Republic of Maldives

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LVMH HOTEL MANAGEMENT

Cheval Blanc is the luxury hospitality brand developed by LVMH Hotel Management, a specialist entity of the LVMH Group. The group began with the 36-room Cheval Blanc Courchevel, followed by Cheval Blanc Randheli which opened in the Maldives in November 2013 and Cheval Blanc St-Barth Isle de France which joined the portfolio in October 2014. Other confirmed projects include la Samaritaine in Paris and Bali. LVMH Hotel Management also operates White 1921 Courchevel and White 1921 Saint-Tropez under the White 1921 brand, and La Résidence de la Pinède located in the legendary Riviera village.

LVMH Hotel Management has complete ownership of the brand; its direction, design, service and management, led by its own, dedicated in-house team. This team of specialists, selected from across the luxury goods and hospitality industries, demonstrates the brand's commitment to providing guests with a carefully crafted and exclusive experience.

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