



CHEVAL BLANC ST-TROPEZ

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CHEVAL BLANC SPA

Facing the Bay of Saint-Tropez, the Cheval Blanc Spa invites to a remarkable sensory journey.

Lulled by the gentle breezes that caress the mingled pines, bathed in the Mediterranean light of the French Riviera, Cheval Blanc St-Tropez extends an invitation to relax by the sea.

Within this peaceful haven, the Cheval Blanc Spa unveils a world of softness and serenity in a palette of soothing radiant hues. Herein a witty language shadows along the walls through Fred Eerdekens' poetic artworks: substance and emotion, magnified. Five treatment rooms, including the Orchidée Salon, the Hair Studio and the Barber Shop form this peaceful and intimate cocoon.

The fitness area is accessible upon reservation for private training sessions.

As for the hammam experience, it is not available at the moment.

The Guerlain Beauty Experts offer a range of treatments and massages, specially designed for Cheval Blanc St-Tropez and inspired by the art of sunbathing and dipping in the sea. As a prelude to each ritual, guests can choose the scent family they prefer, to reap ultimate indulgence from their sensory journey.

GUERLAIN

Yield to the magic of Guerlain treatments and massage experiences where cutting-edge innovation blends with customisation, emotion and sensoriality.

Your transformation begins here...

A Customised Experience

Every treatment is transformed into an exclusive personal occasion, a moment created especially for you – the perfect union of effective savoir-faire and aesthetic expertise. Hence Guerlain Beauty Experts start highlighting your profile and priorities. They complete this in-depth analysis with a precise diagnosis to reveal your specific beauty and well-being profile, thus gaining an intrinsic understanding of your essential concerns to tailor a treatment according to your needs and expectations from the start to the final touch.



INDULGENT EXPERIENCES

The Orchidée Salon

The Orchidée Salon is an understated and refined prestigious place where sensoriality takes centre stage. In this haven of peace and pampering designed for two, each treatment is orchestrated like a choreography in several acts.

As an introduction to each treatment in the Orchidée Salon, the Tropezian Ritual offers its soothing benefits in an intimate and sophisticated atmosphere. Specially designed for Cheval Blanc St-Tropez, this well-being experience lavishes care and attention on the feet, that are often neglected. The session begins with a scented breeze of freshness, followed by a gentle exfoliation. Then, as part of the ritual, a completely round pink quartz accessory enhances the experience, offering an unrivalled sensation of well-being. With expert and precise pressure on lymphatic points and warm application upon request, this continuous attention immediately creates a feeling of lightness and relief. The ritual ends with a delicious ballet of warm towels. Softer skin, rebooted circulation, detoxed soles... This interlude puts a spring back into your step and gives your figure new elegance.

The Atelier Métamorphose

Within this beauty haven, two Guerlain Experts and a hair stylist compose a complete metamorphosis. From face ritual to hair styling, to hand and foot care, your style is transformed according to your desires. A truly delightful experience, entirely made to measure.

An enchanting moment, chiseled for women or for men. An unmissable experience before a Tropezian soirée.

The Hair Studio and the Art of the Barber

This season, the union of the quintessence of Guerlain products and the expertise of Kevin Boon's savoir-faire blends together at Cheval Blanc St-Tropez to serve the beauty of gentlemen.

The Brussels artist, named World's Best Barber, entrusts Baptiste with his hair cutter and his expertise, so that our guests may enjoy an exceptional barber service in the heart of our Tropezian Maison.

Whether for a traditional shaving, a great classic or an extravagant look, the precise gestures of our expert will enhance the beard of gentlemen.



NEW SIGNATURE TREATMENTS FOR CHEVAL BLANC ST-TROPEZ

Lift & Glow – 50 min

This cutting-edge treatment blends together sophisticated know-how to transform skin radiance. The Lift & Glow experience starts with microdermabrasion to exfoliate and brighten the skin. Specialised facial techniques combined with the Orchidée Impériale Micro-Lift Concentrate smooths fine lines and wrinkles. The power of LED completes the treatment by regenerating the skin's collagen and elastin content. The complexion is left perfectly even, radiant, quite simply stunning.

Royal Radiance Treatment – 50 min

The unprecedented Royal Radiance Treatment pampers sensitive, damaged skin. Microdermabrasion exfoliates and boosts the restorative and healing effects of the Abeille Royale range. The antibacterial and anti-inflammatory action of LED purifies the skin deep down and immediately soothes. Pores are tightened and skin left flawless.

Pilates Facial Treatment – 30 min

Inspired by Pilates, this aesthetic face massage mirrors each stage of this gentle training method and strengthens skin muscles deep down. Stretching is harmoniously combined with the regenerative properties of two natural stones to restore peace and serenity. Wrinkles are smoothed, the face is left relaxed and the skin radiant. An innovative, divinely holistic ritual, which can only be experienced at Cheval Blanc St-Tropez.

Body Sculpt – 50 min / 1h20

This powerful state-of-the-art treatment immediately sculpts the figure by decongesting adipocytes. Working deeply and intensely, it warms the hypodermis and stimulates lipolysis to accelerate the fat-burning process. This invigorating sequence of kneading, which finishes with a contrasting drainage phase, has lasting calming and balancing benefits for the metabolism. The expert techniques, combined with Guerlain's miraculous body care products, sculpt and slim the waist, legs and hips. The body's curves are redefined for a harmonious silhouette. For even more visible results, the treatment can be combined with a relaxing scrub, or a cutting-edge firming or slimming I-Sculpt ritual, depending on preferences.

Muscle Serenity – 1h20

This signature treatment designed by our osteopath adopts a personalised approach to the body's different muscle groups, to leave them relaxed and supple. When muscles are stretched, stimulated and enjoy good blood circulation, they will be more effective during physical activity. Specific draining techniques avoid the accumulation of toxins and reduce the risk of painful contractures which may limit training progress. All of the tension which has built up in the body is released to leave you feeling light and serene.

NEW SIGNATURE TREATMENTS FOR CHEVAL BLANC ST-TROPEZ

I-Sculpt Body Treatment – 30 min / 1 h

New resculpting technology which makes it possible to simultaneously eliminate fats and tone the body.

The high-intensity electromagnetic pulses produced by the I-Sculpt, causing 20,000 muscular contractions in just 30 minutes, promise to sculpt and slim the figure in record time.

Micro Peel Expert Treatment – 30 / 50 min

This treatment uses the exfoliating and healing action of microdermabrasion to leave skin with a gorgeous glow. The Micro Peel Expert Treatment improves skin texture and radiance, while helping regenerate its elasticity by stimulating collagen and elastin production. A revolution in skin rejuvenation.

LED Face and/or Body Treatment – 15 / 30 / 45 min

This cutting-edge treatment emits monochromatic light which acts on the skin healing process. It activates natural production of collagen and elastin and inhibits the enzymes responsible for breaking down hyaluronic acid. Fully customisable, LED sessions can be used on all areas of the body. The programmes are targeted – anti-ageing, purifying, draining – and adapt to all phototypes to fulfil all needs.

Fine Blade Experience – 30 min

The cream of barbers promises a new look for your beard. Finely trimmed, it treats itself to a precise, well thought-out makeover, a real breath of fresh air.

Authentic Beard Ritual – 1 h

Whether classic or much more extravagant, this authentic ritual uses several techniques to trim, restructure and nourish your beard, depending on your needs. Its shine, softness and density is restored.

Gentleman Barber – 1h15

The perfect combination of Guerlain expertise and a barber's art promises a multisensory experience: hot towels, a cut-throat razor, a delicate foam and a Guerlain balm for in-depth cleansing, precise shaving and a beard full of vitality.

Arsène Lupin Voyou – 1h30

When Guerlain expertise meets the talent of an artist. The hairstylist-barber artist leaves your beard looking great and rejuvenates your cut to suit your style. Elegance, refinement and grandeur, this is the promise of the Arsène Lupin Voyou experience.

The Dandy from Saint-Tropez – 50 min

A beauty time out for men who want to look and feel fantastic. Specially developed for Cheval Blanc St-Tropez, this exclusive experience performed by three experts will help you to unwind with a beard treatment designed with men's needs in mind, together with a manicure and pedicure. A holistic transformation for long-lasting wellness.

RIVIERA ESCAPES

Glamour in Saint-Tropez – 1h30

A dream-like moment awaits you with this unparalleled experience. This ritual, performed by two Guerlain Beauty Experts and a hairstylist in the Atelier Métamorphose, combines an exceptional beauty moment with a face ritual and a gentle body relaxation. Your hands and feet are pampered during your beauty make-over and hair styling. A true orchestration of savoir-faire crowning beauty and sensoriality... A complete transformation.

Summer Indulgence in Saint-Tropez – 50 min / 1h20

The graceful movements of the boats in the Bay of Saint-Tropez inspired the brand-new technique for this face and body treatment which has been specially designed for Cheval Blanc St-Tropez. From the tips of the toes to the top of the head, this relaxing massage with shells allows you to dip in a world of exquisite well-being. Deeply enveloping, Summer Indulgence in Saint-Tropez is ideal for lovers of watersports. Associating pleasure and softness, this ritual leaves you relaxed and with a wonderful feeling of lightness.

In the Shade of Pines – 30 min / 50 min / 1h20

Offering a body and face massage, In the Shade of Pines is designed to release all muscle tension. As a tribute to the pine forest, the poetic shape of pine cones has inspired the creation of a delicate wooden instrument, a key element crafted to enhance this sensorial ritual. Entirely round, it works on pressure points with unprecedented precision. The alternating rhythm of the gestures applied to all muscles allows a complete disconnection and offers a delicious sensation of lightness and suppleness. This massage takes you on a journey into a world of balance, release and deep muscle relaxation. Fuelled by new energy, you embark on a relaxing trip to the Riviera.

Sun Delights Ritual – 30 / 50 min / 1h20

Naturally relax with this sensorial ritual as it prepares your skin for a tan or repairs it after a day on the beach. The collection Les Délices de Bain by Guerlain blends sparkling bergamot with the delicate scent of orange blossom and leaves skin soft, supple and subtly scented with deliciously fresh notes. An essential pause to help you fully appreciate the soft caress of the Mediterranean sun.

ORCHIDÉE IMPÉRIALE, THE QUINTESSENCE OF GUERLAIN TREATMENTS

Orchidée Impériale Black Treatment - 1h20 / 1h50

The high-tech nature of this treatment combines the efficiency of the Orchidée Impériale Black collection by Guerlain with a revolutionary cryotherapy technology. This global anti-ageing concept, combined with Blackimmune cellular technology, firms tired tissue, reduces wrinkles, harmonises face contours and acts on almost all the cells involved in the skin defence system.

Orchidée Impériale Prestige Treatment - 1h20 / 1h50

The remarkable power of the orchid's longevity has inspired Guerlain to create this exceptional facial treatment, the most comprehensive facial of all. The combination of the exclusive firming massage stemming from the aesthetic savoir-faire of Guerlain, with the efficiency of the products of the Orchidée Impériale range, offers absolute well-being and visibly transforms the skin, revealing a rediscovered youth.

The Orchidée Impériale anti-ageing massage works on all the muscles of the face, neck, décolleté and upper back. Under the precise gestures of our Guerlain Beauty Experts, the stimulated muscles are toned, the contour of the face redrawn. Nourished with different masks, the skin is immediately smoothed and retightened thanks to the synergistic effect of the Cream, the iconic product of the Orchidée Impériale collection, and the precision of the Longevity Concentrate. The skin texture becomes finer and more regular, regaining its qualities of perfection: soft, velvety, enhanced for the eyes and the touch.

Orchidée Impériale Ultime Face & Body Treatment - 1h50 / 2h50

This anti-ageing treatment combines an exclusive firming massage by Guerlain with the efficiency of the Orchidée Impériale collection. It is delivered with flawless expertise providing a feeling of complete well-being. Deep movements stimulate every muscle, whilst the energising massage ensures cellular renewal. The ritual visibly maintains the firmness and tone of the face and body, restores the skin's glow and leaves a radiant complexion



ABEILLE ROYALE, LIFTING & FIRMING SIGNATURE FACIAL

Royal Repair Treatment - 1h20

Guerlain brings a new angle to this expert treatment designed with the Abeille Royale range to reap all the benefits offered by bee products. More advanced, more technical and even more sensorial, this avant-garde treatment combines precise and personalised movements with products containing particularly powerful active ingredients. The treatment starts off with a microdermabrasion, followed by a purifying massage with warm plant infusions to perfectly stimulate the epidermis. Each wrinkle is targeted with a repairing concentrate composed of royal jelly and honey from the island of Ouessant, which acts on the key processes in skin reconstruction. Finally, the Abeille Royale cataplasms mask, inspired by honey wound dressings, is applied to create a smoothing and repairing effect. Through this complex protocol tailored to the specific needs of your skin, the signs of ageing gradually fade away. The skin is firmer, the face opens up and appears illuminated... Treat your skin to a catalyst of youth.

THE PERSONALISED ESCAPE

Made-to-Measure Facial Treatment

50 min / 1h20 / 1h50

From its historical savoir-faire, Guerlain has developed extraordinary listening and analysis techniques, with the aim of offering entirely personalised beauty experiences.

The Beauty Consultation and skin diagnosis enable your Guerlain Expert to provide effective solutions according to your skin concerns, or your spontaneous desires. A tailored formulation is offered: refined combinations of expert Guerlain products, unique methods and exceptional massage rituals. The benefits are immediately visible and lasting: radiant complexion, smooth features, a resculpted face... With the precise and reliable techniques of your Guerlain Expert, your face restores its radiance and vitality.

No matter your needs or desires, a true sensorial journey awaits.



GUERLAIN FACE RITUALS

Lift & Glow – 50 min

This cutting-edge treatment blends together sophisticated know-how to transform skin radiance. The Lift & Glow experience starts with microdermabrasion to exfoliate and brighten the skin. Specialised facial techniques combined with the Orchidée Impériale Micro-Lift Concentrate smooths fine lines and wrinkles. The power of LED completes the treatment by regenerating the skin's collagen and elastin content. The complexion is left perfectly even, radiant, quite simply stunning.

Royal Radiance Treatment – 50 min

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Pilates Facial Treatment – 30 min

Inspired by Pilates, this aesthetic face massage mirrors each stage of this gentle training method and strengthens skin muscles deep down. Stretching is harmoniously combined with the regenerative properties of two natural stones to restore peace and serenity. Wrinkles are smoothed, the face is left relaxed and the skin radiant. An innovative, divinely holistic ritual, which can only be experienced at Cheval Blanc St-Tropez.

Face Sculpt – 1h

The Face Sculpt treatment brings you all of Guerlain's facial expertise in one hour. This cutting-edge aesthetic sculpting massage restores firmness, glow and youth to your skin. With its deep muscular action, it shapes the facial contours, emphasises the cheekbones, opens up the eyes and erases wrinkles. The facial foundations are deeply reinforced and natural glow is instantly restored. A revolutionary lifting effect to look younger for longer.

Facial Illumination – 1h20

This treatment delivers an immediate radiance boost and reveals the skin's natural glow. It involves microdermabrasion and a deep muscle massage for the face, enhanced with the Orchidée Impériale Radiance mask for spectacular results. The complexion is visibly even and more beautiful.

HIGH-TECH TREATMENTS

I-Sculpt Body Treatment – 30 min / 1 h

New resculpting technology which makes it possible to simultaneously eliminate fats and tone the body.

The high-intensity electromagnetic pulses produced by the I-Sculpt, causing 20,000 muscular contractions in just 30 minutes, promise to sculpt and slim the figure in record time.

Micro Peel Expert Treatment – 30 / 50 min

This treatment uses the exfoliating and healing action of microdermabrasion to leave skin with a gorgeous glow. The Micro Expert Peel Treatment improves skin texture and radiance, while helping regenerate its elasticity by stimulating collagen and elastin production. A revolution in skin rejuvenation.

LED Face and/or Body Treatment – 15 / 30 / 45 min

This cutting-edge treatment emits monochromatic light which acts on the skin healing process. It activates natural production of collagen and elastin and inhibits the enzymes responsible for breaking down hyaluronic acid. Fully customisable, LED sessions can be used on all areas of the body. The programmes are targeted – anti-ageing, purifying, draining – and adapt to all phototypes to fulfil all needs.

BEAUTY OF THE EYE

Micro Peel Expert Eye Treatment – 30 min

This treatment uses the exfoliating and healing action of microdermabrasion to leave skin with a gorgeous glow. The Micro Peel Expert Eye Treatment improves skin texture and radiance, while helping regenerate its elasticity by stimulating collagen and elastin production. A revolution in skin rejuvenation.

Nourishing Eyelashes Lift Treatment – 1h

Rich in peptides, keratin and vitamin B, the Nourishing Eyelashes Lift Treatment is the miracle cure to strengthen eyelashes, make them voluminous and lengthen them. Natural lashes appear longer and radiant with vitality. Their reshaped curve enhances the eyes elegantly.

Expert Eye Treatment – 30 min

This massage technique sculpts and widens the eyes. The eye contour is left smoother, sculpted and revived. The whole face glows with new-found radiance.

ADDICTIVE RITUALS BY GUERLAIN, THE FINAL TOUCH TO ANY OTHER TREATMENT

Sun Ritual – 30 min

This facial treatment prepares and soothes the skin before and after a sunny day out on the beach. Gentle exfoliation and an enveloping massage are coupled with a customised mask for a truly in-depth repair. Intensely nourished, hydrated and replenished, the skin regains its suppleness and brightness.

Sun Delights Ritual – 30 / 50 min / 1h20

Naturally relax with this sensorial ritual as it prepares your skin for a tan or repairs it after a day on the beach. The collection Les Délices de Bain by Guerlain blends sparkling bergamot with the delicate scent of orange blossom and leaves skin soft, supple and subtly scented with deliciously fresh notes. An essential pause to help you fully appreciate the soft caress of the Mediterranean sun.

Daydreaming Ritual – 30 min

Inspired by a traditional Indonesian method, this massage is a powerful soothing treatment for the scalp, an area directly connected to the sensation of well-being. Using slow, deep pressure, it gently eases tension in the body and mind. Blood circulation is stimulated to release revitalising energies and enhance hair beauty. Indulge in a delicious and instant sensation of calm and serenity. An exquisite ritual, an invitation to a gentle dream...

BODY SUBLIMATION

Body Sculpt – 50 min / 1h20

This powerful state-of-the-art treatment immediately sculpts the figure by decongesting adipocytes. Working deeply and intensely, it warms the hypodermis and stimulates lipolysis to accelerate the fat-burning process. This invigorating sequence of kneading, which finishes with a contrasting drainage phase, has lasting calming and balancing benefits for the metabolism. The expert techniques, combined with Guerlain's miraculous body care products, sculpt and slim the waist, legs and hips. The body's curves are redefined for a harmonious silhouette. For even more visible results, the treatment can be combined with a relaxing scrub, or a cutting-edge firming or slimming I-Sculpt ritual, depending on preferences.

Body Lift – 50 min / 1h20

Flexibility, muscle strengthening, targeted smoothing, movements for suppleness... This aesthetic massage sculpts the body, stimulates cellular renewal and firms the skin. As effective as a workout!

Intensive Body Therapy – 1h50

Scrub, wrap, personalised massage... This treatment is an exceptional and sensual experience that deliciously enhances the body.



HARMONISING MESSAGES

Imperial Relaxing Massage – 50 min / 1h20

This massage pays homage to the Eau de Cologne Impériale. Wrapped in an anti-stress cocoon, this multisensory experience leaves you completely relaxed and invigorated. The Imperial Relaxing Massage facilitates oxygenation, stimulates circulation and evokes a profound sense of serenity.

Four-Hand Imperial Relaxing Massage – 50 min / 1h20

Modelled on the signature Imperial Relaxing Massage, this masterful ballet of massage by expert hands offers an absolutely sensorial experience. From the first moment, you surrender to tranquillity, abandoning yourself to the rich sensation of lightness and well-being.

Deep Muscular Massage – 50 min / 1h20

Reshape and tone the body through deep relaxation. This is a powerful, sensory ritual where tired muscles are soothed by adopting the five most effective traditional methods in the world. Tension is released and muscles reinforced.

Repairing Massage – 50 min / 1h20

This authentic healing remedy induces deep release thanks to gentle massage techniques. Like a boat sailing through the waves, the body is worked with fluid and dynamic movements. Muscles are relaxed, circulation is stimulated, digestive and lymphatic functions are rebalanced. This ritual, ideal for vibrant life actors, is completed by an instant radiance facial express treatment by Guerlain.

Muscle Serenity – 1h20

This signature treatment designed by our osteopath adopts a personalised approach to the body's different muscle groups, to leave them relaxed and supple. When muscles are stretched, stimulated and enjoy good blood circulation, they will be more effective during physical activity. Specific draining techniques avoid the accumulation of toxins and reduce the risk of painful contractures which may limit training progress. All of the tension which has built up in the body is released to leave you feeling light and serene.

Secrets of India – 1h

This sensorial massage was inspired by the Legend of Shalimar to immerse you in the heart of India. On this journey, the hands of your Guerlain Expert are intensely guided by the rhythm of music, a melody specially created for this Oriental dream. This artistic composition flows through four emotions: meditation, sensuality, joy and at the peak of this adventure, energy. The promise of a holistic rebirth of body and mind.

Gentle Mom Ritual – 50 min / 1h20

Designed to improve the skin's elasticity and stimulate the circulation, this massage can be performed after the first trimester or after birth. A tailored personal experience to ease the aches and pains caused by pregnancy.

During the first three months of pregnancy, the Cheval Blanc Spa recommends to pamper the skin with a personalised Guerlain facial.

MEN'S TREATMENTS

The Dandy from Saint-Tropez – 50 min

A beauty time out for men who want to look and feel fantastic. Specially developed for Cheval Blanc St-Tropez, this exclusive experience performed by three experts will help you to unwind with a beard treatment designed with men's needs in mind, together with a manicure and pedicure. A holistic transformation for long-lasting wellness.

Frenchy Chic – 50 min

This facial treatment created for Cheval Blanc St-Tropez is specifically designed for modern men. Deeply refreshing, it intensely purifies the skin and restores radiance and hydration while respecting individual skin sensitivity. Beards are pampered too for restored strength and shine.

All other treatments are also available for men.

The Hair Studio and the Art of the Barber

Whether for a traditional shaving, a great classic or an extravagant look, the precise gestures of our expert will enhance the beard of gentlemen.

Fine Blade Experience – 30 min

The cream of barbers promises a new look for your beard. Finely trimmed, it treats itself to a precise, well thought-out makeover, a real breath of fresh air.

Authentic Beard Ritual – 1 h

Whether classic or much more extravagant, this authentic ritual uses several techniques to trim, restructure and nourish your beard, depending on your needs. Its shine, softness and density is restored.

Gentleman Barber – 1h15

The perfect combination of Guerlain expertise and a barber's art promises a multisensory experience: hot towels, a cut-throat razor, a delicate foam and a Guerlain balm for in-depth cleansing, precise shaving and a beard full of vitality.

Arsène Lupin Voyou – 1h30

When Guerlain expertise meets the talent of an artist. The hairstylist-barber artist leaves your beard looking great and rejuvenates your cut to suit your style. Elegance, refinement and grandeur, this is the promise of the Arsène Lupin Voyou experience.

HAND AND FOOT THERAPIES

Complete Hand or Foot Treatment – 1h

With classic nail polish application

A repairing cuticle treatment, moisturising massage for the hands or feet and classic nail polish application... Restore your hands or feet to perfection with this nail and skin enhancing treatment.

Complete Hand or Foot Treatment – 1h30

With semi-permanent nail polish application

A repairing cuticle treatment, moisturising massage for the hands or feet and semi-permanent nail polish application... Restore your hands or feet to perfection with this nail and skin enhancing treatment.

Complete Hand or Foot Treatment For Men – 40 min

Guerlain has conceived this comforting treatment specially for the needs of men. Cuticles are repaired, hands or feet are pampered and hydrated, nails are not forgotten. To be absolutely impeccable.

Micro Peel Expert Hand Treatment* – 15 min

This treatment uses the exfoliating and healing action of microdermabrasion for your hands to recover their youthful appearance, smoothness and delicacy. A revolution in hand rejuvenation.

Floating Feet – 30 min / 50 min

After a full day of watersports, this ritual speeds recovery by improving venous and lymphatic circulation, stimulating the elimination of built-up toxins associated with muscle exertion. It brings a sensation of lightness to the legs and feet while considerably reducing the heaviness of muscles. The massage is followed by an invigorating exfoliation with a relaxing effect.

**In addition to any other treatment*

MY FIRST BEAUTY EXPERIENCES AS A DUO

These first moments of beauty are to be experienced as a duo, in the heart of the Salon Orchidée, for a renewed complicity and long-lasting memories.

Sweet Secrets of the Bee – 1h

A symbol of Guerlain, the bee invites children to explore its kingdom. Soft massages for the scalp, hands and feet... A discovery of the benefits of honey and its role in nature, the Sweet Secrets of the Bee treatment promises gentle pampering and an indulgent, fun experience.

Mademoiselle Guerlain – 1h

Be as beautiful as Mum, experiment with colours, put on pretty make-up and learn about the Guerlain Art of Perfume... the perfect moment to play princess in front of the sparkling mirror.

The Hairstyle Moment – 1h20

Sophisticated or falsely carefree, each hair style is beautified to enjoy the Tropezian blue hour.

The beauty artists would be delighted to reinvent these rituals with a masculine touch: Frenchy Chic for Dad, a Sweet Secrets of the Bee massage for young man...

For the Hairstyle Moment, what could be better than a moment in the expert hands of our barber artist? The Fine Blade Experience for Dad and a retro style cut for young man...



MAKE-UP ARTISTRY

Make-Up Application - 50 min

Always bold and avant-garde, Guerlain has expert knowledge of all the facets of make-up. Whether it is for a special occasion or just to look irresistible every day, treat yourself to a personalised make-up session that brings together expertise, elegance and sensoriality.

Make-Up Lesson - 1h20

During this personalised lesson, Guerlain reveals its most effective beauty secrets to enhance your face. Previously kept under wraps, they are now explained during a one-to-one workshop. An exclusive beauty experience.

Bridal Make-Up - 50 min & 1h20

For the most wonderful day of your life, opt for tailored make-up in two stages, customised to your every desire. The first step to ideal bridal make-up is a series of trials by the Guerlain Beauty Experts during a pre-consultation, in order to have the perfect look on the big day. Relax and indulge in a realm of beauty, in complete trust and serenity.

THE HAIR STUDIO & THE ART OF THE BARBER

Structured hairstyle or a wavy iodine strand, the creativity of Baptiste, hair artist, will adorn your look to indulge in sweet Tropezian evenings.

The Time of a Blow-Dry:

Short Hair - 45 min

Long Hair - 1h

The Time of a Colouring, Hairstyling - 2h

The Time of a Cut, Shampoo, Hairstyling - 1h30

The Time of a Cut, Colouring, Shampoo, Hairstyling - 2h30

The Time of a Highlighting, Shampoo, Hairstyling - 2h

The Time of a Highlighting, Cut, Hairstyling - 3h

The Time of a Highlighting, Colouring, Cut, Hairstyling - 3h30

The Time of an Exceptional Ritual:

Short Hair - 30 min

Long Hair - 45 min

The Time of a Hair Bun in the Sun - 30 min

The Time of an Alluring Evening in Saint-Tropez - 45 min

The Time of a Cocktail in Grace - 1h30

The Time to Magnify the Bride - Upon consultation

From the traditional shaving to a more classic one, the precise gestures of our expert will enhance the beard of gentlemen.

The Time of a Gentleman Cut - 30 min

Fine Blade Experience - 30 min

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OSTEOPATHY

This season, the Cheval Blanc Spa welcomes back Patrice Le Pihive, expert yogi and osteopath.

Holistic Osteopathy

Holistic osteopathic care – vertebral, visceral, nervous, cranial, energetic – works to subtly tune and resonate all the major functions of the body.

Always preceded by a body massage for pure muscle relaxation, the techniques are primarily dedicated to the vertebral axis. The osteopathic gesture, gentle and precise, restores the smooth sliding of the articular surfaces, to enhance the amplitude to each joint. Blood and lymphatic circulation are improved. Breathing is amplified by the release of the diaphragm and thorax. Digestion benefits from abdominal visceral manipulations. Cranial techniques revive the primary respiratory movement which animates the whole body with harmony.

THE TRAINING SALON

Our Training Salon welcomes you every day, upon reservation, for a sporty session in complete serenity. We invite you to book your dynamic moments with the Cheval Blanc Spa Ambassadeurs or at the Conciergerie.

For a sun-filled escape in the heart of the village or around, our personal coach guides you on unparalleled itineraries. Postcard-worthy landscapes and targeted performance, these moments offer you a real breath of fresh air....



FLAVOURS & FRAGRANCES EXPERIENCE

Close your eyes and surrender to the sweetness of Tropezian life that scents the place...

A sublime stroll to the Cheval Blanc Spa introduces this relaxing escape with a bespoke moment of well-being – the enchanting journey of Secrets of India, the signature Under the Shade of Pines treatment, specially developed for Cheval Blanc St-Tropez, or The Dandy from Saint-Tropez treatment dedicated to men.

While the sun shines at its zenith, the sensory journey continues around a fragrance-pairing lunch in the shade of the iconic pines of the restaurant La Terrasse.

Then, this idyllic interlude invites you to an afternoon of relaxation on the beach of the Maison, lulled by the gentle lapping of the waves.

Experience available for lunch on Thursdays only.

A selection of Guerlain products is available for purchase at the Cheval Blanc Spa. Indulge in the exceptional universe of Guerlain fragrances, discover the sensuality of luxurious textures and let yourself be seduced by an extraordinary make-up range.

Haute Parfumerie

A universe where aesthetes will appreciate these special, timeless, elegant and stunning fragrances as much as the prestige pieces. With its exclusive use of precious materials and absolute refinement in every detail, the Haute Parfumerie encapsulates the entire Guerlain spirit. This summer, this universe will be reinvented to unveil its poetic vision exclusively at the Cheval Blanc Spa in St-Tropez.

The Art of Skincare

Since 1828, Guerlain has devoted itself to the art of skincare and beauty. Its founder, Pierre-François-Pascal Guerlain, a renowned chemist, used raw materials to create precious beauty potions, always driven by one passion: the search for excellence.

Today, Guerlain Research continues this quest for perfection by creating outstanding skincare – products of a unique alchemy that combines the most noble, rare and active natural ingredients.

Like precious jewels, every beautifully-crafted jar encases the efficacy and refinement of carefully formulated and delicately perfumed textures, rendering each a true sensory treasure.

The Magic of Make-up

Extraordinary powders and sparkling lipsticks... An exclusive selection been chosen for St-Tropez has from the Guerlain make-up for an illuminating effect.



2021 PRICE LIST

NEW SIGNATURE TREATMENTS

Lift & Glow	50 min	195€
Royal Radiance Treatment	50 min	195€
Pilates Facial Treatment	30 min	140€
Body Sculpt	50 min / 1h20	195 / 280€
Muscle Serenity	1h20	280€
I-Sculpt Body Treatment	30 min / 1h	130€ / 250€
Micro Peel Expert Treatment	30 / 50 min	120€ / 220€
LED Face and/or Body Treatment	15 / 30 / 45 min	60/120/180€
Fine Blade Experience	30 min	90€
Authentic Beard Ritual	1h	180€
Gentleman Barber	1h15	220€
Arsène Lupin Voyou	1h30	260€
The Dandy from Saint-Tropez	50 min	350€

RIVIERA ESCAPES

Glamour in Saint-Tropez	1h30	450€
Summer Indulgence in Saint-Tropez	50 min / 1h20	195 / 280€
In the Shades of Pines	50 min / 1h20	195 / 280€
Sun Delights Rituals	30 / 50 min / 1h20	130/195/280€

GUERLAIN SIGNATURE TREATMENTS

Orchidée Impériale Black Treatment	1h20 / 1h50	390 / 490€
Orchidée Impériale Prestige Treatment	1h20 / 2h20	280 / 480€
Orchidée Impériale Ultime Face & Body Treatment	1h50 / 2h50	370 / 560€
Made-to-Measure Facial Treatment	50 min / 1h20 / 1h50	195/290/390€
Royal Repair Treatment	1h20	280€

GUERLAIN FACE RITUALS

Lift & Glow	50 min	195€
Royal Radiance Treatment	50 min	195€
Pilates Facial Treatment	30 min	140€
Face Sculpt	1h	220€
Facial Illumination	1h20	280€

HIGH-TECHNOLOGY FACIAL

I-Sculpt Body Treatment	30 min / 1h	130€ / 250€
Micro Peel Expert Treatment	30 / 50 min	120€ / 220€
LED Face and/or Body Treatment	15* / 30 / 45 min	60/120/180€

BEAUTY OF THE EYE

Expert Eye Treatment	30 min	130€
Nourishing Eyelashes Lift Treatment	1h	220€
Micro Peel Expert Eye Treatment	30 min	120€

ADDICTIVE RITUALS BY GUERLAIN

Sun Ritual	30 min	130€
Sun Delights Ritual	30 / 50 / 1h20	130/195/280€
Daydreaming Ritual	30 min	130€

BODY SUBLIMATION

Body Sculpt	50 min / 1h20	195 / 280€
Body Lift	50 min / 1h20	185 / 270€
Intensive Body Therapy	1h50	340€

**In addition to any other treatment*

2021 PRICE LIST

HARMONISING MESSAGES

Imperial Relaxing Massage	50 min / 1h20	185 / 270€
Four-Hand Imperial Relaxing Massage	50 min / 1h20	370 / 470€
Deep Muscular Massage	50 min / 1h20	185 / 270€
Repairing Massage	50 min / 1h20	185 / 270€
Muscle Serenity	1h20	280€
Secrets of India	1h	220€
Gentle Mom Ritual	50 min / 1h20	185 / 270€

MEN'S TREATMENTS

The Dandy from Saint-Tropez	50 min	350€
Frenchy Chic	50 min	195€
Fine Blade Experience	30 min	90€
Authentic Beard Ritual	1h	180€
Gentleman Barber	1h15	220€
Arsène Lupin Voyou	1h30	260€

HAND AND FOOT THERAPIES

Complete Hand or Foot Treatment (<i>classic nail polish</i>)	1h	130€
Complete Hand or Foot Treatment (<i>semi-permanent nail polish</i>)	1h30	180€
Complete Hand or Foot Treatment For Men	40 min	90€
Floating Feet	30 / 50 min	130/185€
High Repair Ritual*	15 min	60€
Micro Peel Expert Hand Treatment*	15min	60€

MY FIRST BEAUTY MOMENTS AS A DUO

(price per person)		
Sweet Secrets of the Bee	1h	220€
Mademoiselle Guerlain	1h	220€
The Hairstyle Moment	1h20	80€

MAKE-UP ARTISTRY

Make-Up Application	50 min	150€
Make-Up Lesson	1h20	210€
Bridal Make-Up	50 min & 1h20	360€

WAXING

Upper Lip / Under Arms / Bikini	40€
Lower Arms / Eyebrows / Wide	60€
Half-Legs / Complete Arms / Full Bikini	80€
Chest / Back	80€
Complete Legs	100€

*In addition to any other treatment

2021 ORCHIDÉE SALON PRICE LIST

NEW SIGNATURE TREATMENTS

Lift & Glow	1h	255€
Royal Radiance Treatment	1h	255€
Pilates Facial Treatment	40 min	200€
Body Sculpt	1h / 1h30	255 / 330€
Muscle Serenity	1h30	330€

RIVIERA ESCAPES

Summer Indulgence in Saint-Tropez	1h / 1h30	255 / 330€
In the Shade of Pines	1h / 1h30	255 / 330€
Sun Delights Ritual	1h / 1h30	255 / 330€

GUERLAIN SIGNATURE TREATMENTS

Orchidée Impériale Black Treatment	1h30 / 2h	450 / 550€
Orchidée Impériale Prestige Treatment	1h30 / 2h30	340 / 520€
Orchidée Impériale Ultime Face & Body Treatment	2h / 3h	430 / 620€
Royal Repair Treatment	1h30	340€
Made-to-Measure Facial Treatment	1h / 1h30 / 2h	255/350/450€

GUERLAIN FACE RITUALS

Face Sculpt	1h10	280€
Facial Illumination	1h30	340€

BODY SUBLIMATION

Body Sculpt	1h / 1h30	255 / 330€
Body Lift	1h / 1h30	245 / 330€
Intensive Body Therapy	2h	400€
Hamam Escape	20 min	90€

HARMONISING MESSAGES

Imperial Relaxing Massage	1h / 1h30	245 / 330€
Four-Hand Imperial Relaxing Massage	1h / 1h30	430 / 530€
Deep Muscular Massage	1h / 1h30	245 / 330€
Repairing Massage	1h / 1h30	245 / 330€
Secrets of India	1h10	280€
Floating Feet	1h	245€
Gentle Mom Ritual	1h / 1h30	245 / 330€

MY FIRST BEAUTY MOMENTS AS A DUO

Sweet Secrets of the Bee	1h	220€
Mademoiselle Guerlain	1h	220€

MEN'S TREATMENTS

Frenchy Chic	1h	255€
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2021 HAIR STUDIO PRICE LIST

The Time of a Blow-Dry on Short Hair	45 min	90€
The Time of a Blow-Dry on Long Hair	1h	120€
The Time of a Colouring, Hairstyling	2h	220€
The Time of a Cut, Shampoo, Hairstyling	1h30	200€
The Time of a Cut, Colouring, Shampoo, Hairstyling	2h30	350€
The Time of a Highlighting, Shampoo, Hairstyling	2h	250€
The Time of a Highlighting, Cut, Hairstyling	3h	370€
The Time of a Highlighting, Colouring, Cut, Hairstyling	3h30	420€
The Time of a Gentleman Cut	30 min	90€
The Time of an Exceptional Ritual on Short Hair	30 min	120€
The Time of an Exceptional Ritual on Long Hair	45 min	150€
The Time of a Hair Bun in the Sun	30 min	45€
The Time of an Alluring Evening in Saint-Tropez	45 min	70€
The Time of a Cocktail in Grace	1h30	150€
The Time to Magnify the Bride	Upon consultation	

THE ART OF THE BARBER

Fine Blade Experience	30 min	90€
Authentic Beard Ritual	1h	180€
Gentleman Barber	1h15	220€
Arsène Lupin Voyou	1h30	260€
The Dandy from Saint-Tropez	50 min	350€

OSTHEOPATHY

OSTEOPATHY

Osteopathy Session	30 min	130€
Osteopathy Session	50 min	210€
Osteopathy Session	1h20	290€

GENERAL CONDITIONS

Due to the current sanitary situation, all our gestures, procedures and welcome rituals have been completely adapted this season with the desire to go ever further in the pursuit of excellence of our Guerlain treatments. In the boutique as well as in the intimacy of your treatment room, each attention is orchestrated with expert savoir-faire and meticulous precision to guarantee the requirements of hygiene and safety. The Cheval Blanc Spa is entirely equipped with high-tech air purification systems in order to offer resolutely pure air at all times. Treatment rooms are thoroughly sanitised before each beauty experience, for a moment of well-being in complete serenity. Please note that given the extra time required to prepare each treatment room, our availability will be reduced and we thus encourage advance bookings to ensure we can secure your preferred booking times.

Treatment Duration

We encourage you to arrive at the Cheval Blanc Spa 15 minutes prior to your treatment time in order to fully enjoy your experience. All treatments include time for your Guerlain Beauty Expert to carry out a personal consultation.

A Relaxing Interlude

The Cheval Blanc Spa is a place dedicated to well-being and relaxation. In order to fully enjoy this experience and respect our guests' tranquillity, we kindly ask you to turn off your cellphone.

Spa Etiquette

Should you wish to have a shower before your treatment, kindly do so before your arrival. Kindly inform your Guerlain Beauty Expert of any existing medical conditions or treatments you currently have or have had recently.

Reservations & Cancellation

Should you need to cancel or reschedule your appointment, as a courtesy we ask that you provide a 24-hour notice to avoid incurring the full therapy fee. Cancellations made within 24 hours will incur a charge of 100% of the treatment price.

Opening Hours

The Cheval Blanc Spa is open every day from 9:30 am to 8:00 pm.

CHEVAL BLANC ST-TROPEZ

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